

WEEKLY GROUPS SCHEDULE

Tuesday: Women's Group 6pm

Wednesday: Veteran's Group 6pm

Friday: Men's Group 6pm

Saturday: Sports & Games

Sunday: Spirituality Group 12:30pm

GOT AN ADDICTION?

WANT HELP?

CALL CARESS!

(334) 356-2890

mapssmgm4us@gmail.com

www.caressinc.com

CARESS

MONTGOMERY AREA PEER SUPPORT SPECIALISTS

PEER SERVICES INCLUDE:

- Peer led support groups
- Peer mentoring
- Diagnosis education
- Relapse prevention planning
- Assistance in acquiring recovery resources
- Reconnecting to family and community
- Support for family members
- Community education on the disease of addiction
- Building self-esteem and confidence
- Recreation and social opportunities
- Self-help and self-advocacy skills
- Crisis resolution, problem solving, and goal setting skills
- Veteran Support Groups

Hours of Operation

Monday - Friday: 4 PM - 8 PM

Sat & Sun: 11 AM - 7 PM

3447 McGehee Road, Ste. H



All Services Free of Charge!!!

Services Available In-Person or by Phone